

**WEEK FOUR**  
**ADULT DEVOTIONAL**  
**ART EXPRESSION**

**REFLECT:** Think back to an art project that you made when you were younger. Why did you make it? How was it received? What would you change?

When I was a child, I colored like a child, I painted like a child, I wrote like a child. But as I became older, I put these child-like things away. “In a day when most of us are tired, worn out, thirsty, and starving for life and joy and peace, maybe it is time to become a child again.”<sup>1</sup>

This week we will be examining our journey into maturity by creatively expressing ourselves in the same style, yet from three perspectives. You will create three images (Draw, color, paint, sculpt, write, rhyme) of a child coming to Jesus (consider you being the child) as a child, a teenager, and an adult. It would be best to do this over a course of three days.

**IMAGINE:** Imagine yourself as a small child, coming to Jesus. Consider the sights, the sounds. Who is with you? What do you want to tell Jesus? What does he want to say to you?

**DECIDE:** What do you want to create? Choose the medium that works best for you. If you cannot think of a medium to use, there will be coloring sheets available on the website, [sppcsa.com/cqht/week4](http://sppcsa.com/cqht/week4).

**CHILD EXPRESSION:** In your **first expression**, imagine yourself as a young child and how they would express that image. Putting yourself in the mind of a child, have fun creating your first expression.

**ADOLESCENT EXPRESSION:** For the **second expression** Reflect back to your days as a teenager. What was your personality like? Recreate your first expression as if you are a teenager.

**ADULT EXPRESSION:** The **third expression** recreates this image as you are today. How has your life experience shaped your artistic expression?

**COMPARE:** Exam your three creative expressions. How are they similar, and how are they different? How have they evolved? How does that compare to your relationship to God?

**SHARE:** Be prepared to share your three expressions with your group. You might also consider sharing these with your online community.

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<sup>1</sup> Yaconelli, Michael. Dangerous Wonder. 34