

BREATHE: Calm. Quiet. Hope. Trust.

WEEK TWO
ARTISTIC INTERPRETATION:
YOUTH PAGE

“he will show you which path to take”

READ:

Proverbs 3:5-7 (NLT)

Trust in the Lord with all your heart; do not depend on your own understanding.

Seek his will in all you do, and he will show you which path to take.

Don't be impressed with your own wisdom. Instead, fear the Lord and turn away from evil.

Psalms 128 1: (MSG)

All you who fear God, how blessed you are! How happily you walk on his smooth straight road!

QUOTE: David Baker

We must learn to recognize and honor the pilgrimage. We must talk about departure, the anxiety of the journey and the joy of the arrival.²⁴

Consider the path of your life. Think of the turns along the windy path that represent times you leaned on your own understanding. Think about how those moments were led by a proud heart [pride], haughty eyes [ambition], and focusing on things to great and awesome [arrogance]. Reflect on how you can stop relying on your own understanding and surrender your ways to God.

Look to the future. What do you hope your path will look like? Are they straight or winding? What is the destination for your pilgrimage?

As you reflect on your life's journey, allow God to invigorate your creative juices. Create the map of your life with all the twists, turns, and straight paths. Put pencil to paper, paint to canvas, thread to needle, create a video, compose a song, choose whatever medium inspires you. Include illustrations to symbolize specific moments. Add any flourishes, verses, words, memories to make this personal.

Use this time of expression as an act of worship to God. Display your path as a reminder of God's faithful presence in your life, even during the times you were less than faithful.



²⁴ Baker, David. *Voices for the Pilgrimage: A Study in the Psalms of Ascent*. pg. 116