

Day 6

## GOSSIP GIRL: THIS GOES FOR GUYS, TOO

Let's be honest about this—it's really fun to be the first to know something. I love giving people the scoop on something they know nothing about. Sometimes this is harmless—like being the first to see the new blockbuster movie and telling all your friends about it the next day. But sometimes there's a really dark side to this...

2 MINUTE

*A gossip goes around telling secrets, but those who are trustworthy can keep a confidence (Proverbs 11:13).*

*A gossip goes around telling secrets, so don't hang around with chatters (Proverbs 20:19).*

5 MINUTE

- Do you know people who are famous (in a bad way) for being gossips? What kind of reputation do they have?
- Have you ever spread a rumor about someone, knowing it would hurt that person? What made you decide to do that?
- Why do you think gossiping can be so fun? Why is NOT gossiping so hard?
- How does the second verse say to avoid gossip?

The truth is that it's SO easy to get sucked into the gossip game. People are talking bad about someone, and the next thing you know, you are, too. Or maybe YOU'RE the person deliberately spreading rumors about other people.

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Whatever role you play in gossiping, the Bible is clear that we're supposed to be the kind of people who can be trusted—that we won't go around sharing stuff with people they don't need to know! If somebody shares something with us, we should be trusted to keep it to ourselves. (Of course, some secrets shouldn't be kept—like the kind that could lead to somebody getting hurt or doing something dangerous.)

3 MINUTE

### Hanging out with God

Spend some time praying today about gossiping:

- If you are currently caught in a pattern of gossiping, ask God to help you change.
- Pray for the courage to not talk about other people, even when everyone else is doing it.
- Ask God to help you have HIS perspective on the people who are the targets of gossip.
- Ask that God would make you the kind of person known as trustworthy and kind.

THOUGHTS

This space is here for you to jot down some thoughts, write out a prayer, draw a picture, or do whatever you want to help you remember your 10-minute moment.

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